It is argued that some individuals have talent by birth (write: are talented / gifted by birth), (put a full stop here) such as they can be good at sports and music, while others feel that they are not born with talent.

Remarks

You have to make some serious changes to that sentence.

You may write:

It is argued that some people have inborn talent for sports or music while others feel that they are not born with talent.

Or

It is argued that some people are talented by birth. For example, they may be good at sports or music. However, others feel that inherent talent is not important.

However, it is believed that providing training in sports and music can make children able to (write: can enable children to) perform well in these fields. Although teaching children skills can help them succeed, I think a child with inborn talent stays one step ahead.

Teaching children to become good players and musicians is an effective way to make them successful. This is because with practice they learn various skills which they can use to win competitions. Therefore, training is emphasized in sports and music. For example, many singers and players attend training sessions in their respective fields to learn new ways to polish themselves (write: their skills) because they want to become famous in their fields. Despite this, I argue that a child with inborn talent can excel easily (write: easily outperform others) in sports and music.

If children have talent from birth (write: are talented by birth), they show in sports and music and can come forward (write: can stay) one step ahead of competitors. In other words, children with talent are confident enough (write: so confident; the pattern is so...that) that they perform their best and attract an audience towards them. Several children play and sing without training because of their talent and become popular, otherwise, it is tough to perform well in sports and music fields without getting assistance from professionals. For instance, the famous singer Late Lata Mangeshkar did not have a musical background but had a talent for singing, (put a full stop or a semicolon before therefore, hence and thus) therefore, nobody could replace her. For this reason, I believe that talented children are staying (write: will stay) one step ahead in their fields.

In conclusion, although success can be achieved if children are taught how to become a good sportsperson and musicians, this essay finds (write: argues) that children who are born with talent excel in music and sports easily (write: more easily).